

## **Experience and Aptitudes Form – Applicants to the Adventure Tourism program**

**Studying in Adventure Tourism in Gaspé is challenging for many reasons. It requires strong organisational skills, and abilities to live away from home, function as part of a group, live outdoors for up to 8 days at a time in often inclement conditions, and a sense of initiative and leadership. In order to better understand each applicant's experience and aptitude for the program, we ask that you fill out this questionnaire with as much detail as you feel is necessary.**

**Name:** \_\_\_\_\_

**Student Number:** \_\_\_\_\_

**Date:** \_\_\_\_\_

### **1. Outdoor experience**

- a. Please describe any outdoor sports or activities you practise on a regular basis (activity, frequency, level):

	Activities	Frequency	Level
1.			
2.			
3.			
4.			

- b. Please list any courses you've taken in outdoor skills or camping:

	Courses	Level	Year
1.			
2.			
3.			
4.			

c. Please list any multi-day camping trips or expeditions you've participated in, including the activity, season, and number of nights (camp out-trips are acceptable):

Multi-Day Expeditions	Season	# of nights out
1.		
2.		
3.		
4.		

d. Please list any certifications that you have obtained from (outdoor sports) associations or federations (e.g. canoeing, first aid, lifesaving, kayaking, ski instructing, CPR, etc):

Certifications	Level	Year
1.		
2.		
3.		
4.		

## 2. Group living/ teamwork/ Leadership

- a. Have you ever lived as part of a group for more than one week at a time? Please briefly describe the experience:

- b. Describe any situations in your life that have required leadership or teamwork (e.g. sports teams, committees, clubs, volunteer work, student government, etc):

- i. What was your leadership role in this/these situations?

## 3. Travel, Independent living & Organisation

- a. Describe any travelling you have done either independently or as part of a group (location, duration, year, purpose):

	Location	Duration	Year	Purpose
1.				
2.				
3.				

b. Have you ever lived independently (responsible for budget, cooking, personal organisation, etc) before? Why, when, and for how long?

c. What strategies do you use to stay organised, be on time, and respect deadlines?

Thanks! Please send this form to the SRACQ with your name and dossier number along with your medical form, your risk assumption form and your physical health questionnaire.